



SEENews

A Quarterly Publication of Senior Service America

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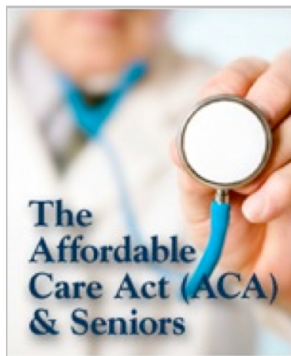
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Issue No. 8 — Fall 2012

How the Affordable Care Act Affects You?



Seniorsource.9news.com

The Affordable Care Act strengthens Medicare and helps seniors take charge of their health. The law provides important benefits such as free services, free annual wellness visits, and a 50% discount on prescription drugs for Medicare recipients who fall into the coverage gap known as the “donut hole.”

We have received numerous inquiries from our SEEs about the Act and Medicare in general. Therefore, we are devoting a portion of this edition of SEENews to provide you with information on this very important subject.

The Affordable Care Act Gives America's Seniors Greater Control Over Their Own Health Care

Lower Costs for America's Seniors

- ✓ Thousands in Savings by Closing the Medicare “Donut Hole”
- ✓ Reduces Unwarranted Subsidies to Insurance Companies
- ✓ Strengthens the Financial Health of Medicare
- ✓ Affordable Long-Term Care

Quality, Affordable Health Care for Seniors

- ✓ Controls Chronic Disease
- ✓ Promotes Better Care After a Hospital Discharge
- ✓ Improves Quality of Care

Protecting Seniors From Abuse and Neglect

- ✓ Elder Justice Act

Improving Quality of Care in Nursing Homes

- ✓ Standardized Complaint Form
- ✓ Ensuring Staffing Accountability
- ✓ Criminal Background Checks for Employees in Nursing Homes



**Senior Service America, Inc.
Senior Environmental Employment
(SEE) Program Newsletter**

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Headquartered outside Washington, D.C., in Silver Spring, Maryland, Senior Service America, Inc. is a private non-profit organization that administers programs enabling older workers to acquire new skills and on-the-job training, to improve their income security.

For over 40 years SSAI has administered the Senior Community Service Employment Program. Created by the Older Americans Act of 1965, SCSEP is the largest program currently funded by the federal government that specifically targets older workers seeking new or improved workforce skills. As the country's third-largest sponsor, Senior Service America – in partnership with community organizations, government agencies, and educational institutions – administers the SCSEP program in 16 states plus territories, ranging from Puerto Rico to Alaska. Providing training and work experience to some 15,000 older Americans, SSAI awards SCSEP grants annually to over 70 organizations – providing training and wages not otherwise available to seniors challenged by economic and cultural barriers.

Senior Service America also supports the Senior Environmental Employment Program (SEEP). This program utilizes workers who have previously worked in professional positions, and are now seeking new, or re-entry employment. Through cooperative agreements with the U.S. Environmental Protection Agency (EPA), SSAI enrolls nearly 300 older professionals annually, for work at EPA facilities in 18 states, and in several Native American communities as well.

During the past two years, Senior Service America has also supported the Agriculture Conservation Experienced Services (ACES) Program. Established by the U.S. Department of Agriculture, the ACES program provides technical assistance for conservation projects at USDA facilities in several states and territories.



**MESSAGE FROM THE
SEE PROGRAM DIRECTOR**

As we come to the close of a very busy and productive year, we here at SSAI want to take the opportunity to thank all the Senior Environmental Employment Enrollees and their EPA Monitors and Coordinators for their service and the contributions they have made to our communities.

In 2012, we accomplished many of our goals, including the rollout of the new electronic timecard system, implementation of new forms, and the implementation of the new Risk Assessment process. Other accomplishments include the recruitment and training of two (2) new Field Operations Officers, who helped us conduct a number of Enrollee Recognition Events, performed several site visits, and arranged the new health benefit program presentations, "Adopting a Healthy Lifestyle".

We at the SEE Program want to take this opportunity to offer a quick note wishing you and your family members a prosperous New Year. I am excited about the New Year and the opportunities it brings for the SEE Program despite the Cliff and the anticipated fight for Massive Spending Cuts to help bring down the debt facing our nation.

Well, that is my message for this issue; so if you have any comments or suggestions on other topics and what we can say in future messages to make them work better for you, please do not hesitate to share them with me. We are all committed to your success and look forward to continued success in 2013!

Sincerely,

John D. Smith
John D. Smith

A Farewell to Service



Carolyn Russell

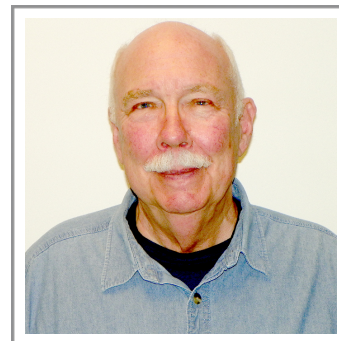
The inevitable has finally happened: Carolyn Russell, the former Field Operations Officer for the SEE Program, and Editor of SEENews, has resigned her position and retired. Stationed at EPA's office in Ann Arbor, Michigan, Carolyn was a loyal and devoted staff member with Senior Service America for over seven years. As a diligent advocate for seniors, Carolyn ensured that SEE Program requirements were fulfilled, and that new Enrollees were recruited and properly trained for service with EPA offices throughout the country.

An avid outdoor enthusiast, Carolyn spent many winter weekends on ski patrol at Boyne Mountain in Brighton Michigan. Confronted with a difficult choice, however, this past winter, Carolyn felt her time for retirement was at hand – citing her mother's age (100 years old) and declining health as the primary reason for her decision to move on. She wanted more time to assist with caregiving for her mother, and also spend time with her grandchildren.

As a veteran employee, Carolyn counseled and shared her experiences and skills with both SEE Program employees and Enrollees alike. Her steadfast and loyal service will be missed. All of us at Senior Service America wish Carolyn and her family renewed happiness and joy.



SSAI — Represented Well



John Reel

Senior Service America, Inc. (SSAI) has served older workers for over 40 years. We are often called to speak in front of our peers, elected officials and the general public to educate and advocate on the behalf of older workers.

We are fortunate to have John Reel, who is a participant in the Senior Community Service Employment Program, currently assigned to work within the Senior Environmental Employment (SEE) Program at SSAI headquarters in Silver Spring, Maryland, as an able spokesperson.

John's diverse prior experience has prepared him well for this activity. His experience includes working as a Community Relations Director and Classical Music Producer in Public Broadcasting; an Arts Administrator with the Cleveland Orchestra and Washington Performing Arts Society; and owner/operator of a small high-end audio business.

John's Speaking Engagements:

May 2012

John Reel and Tony Sarmiento, SSAI Executive Director, gave a presentation at a job search workshop at the Maryland Innovations in Aging Conference.

June 2012

John Reel interviewed on local TV Channel 9 program. He is appeared with others to discuss issues related to older workers, especially those who are seeking jobs.

September 2012

John appeared on "Up w/Chris Hayes" on MSNBC. SSAI was pleased to be able to respond to a request from the AARP Foundation, who had been asked to identify a "senior experiencing elder poverty...(who would)...feel comfortable talking on a set on camera about their personal experiences and ideally with some investment in how the political discourse needs to change to help their communities."

November 2012

John Reel spoke at a summit on Capitol Hill on Social Security.

Welcome New Enrollees

Join us in welcoming new Enrollees to the SEE Program.

Ann Arbor, MI

Judith Fearnside
Lorna Mack
Donna Ringle
Joseph Simon
Katie Vawters

Dallas, TX

James Convertine

Denver, CO

Margaret McCarthy

Edison, NJ

Mark Bijas
Rosemary Buck
Herman Graff
Bruce Holloway
Lynanne Hunt
Steven Palamara
Arida Rosa
Robert Stein

Philadelphia, PA

Kurt Rutzmoser

Seattle, WA

Diana Phelan

Washington, DC

Elizabeth Crockett
Elizabeth Thornhill

Farewells

Please join us in well wishes for these Enrollees who left the SEE Program.

Ann Arbor, MI

Marilyn Bogaerts
Thomas Michael Church
Vesta Harvey
Lillian Jenkins
Lillian Johnson
William Johnson
Elizabeth Measley
Phillip Stendel
Marcia Turkington

Boston, MA

Eric Hall

Dallas, TX

Sharon Braby

Denver, CO

Sally Cornwell

Duluth, MN

Randy Tyo

Athens, GA

Jimmy Avans
Cather Brown
Vikenti Gorokhovski
Carol Warren
Patricia Cooper
William Richardson

Edison, NJ

Nancy Carlson
Gail Kohn
Jeanette Tuyga
Louise Wanzer

Grosse Ile, MI

Henry Marschner

New York, NY

James King

San Francisco, CA

Maria Castian

Seattle, WA

Marie Welk

Washington, DC

Gwendolyn Clayton
Doris Ferguson
Yolanda Lallo

Openings

The following positions are open. For more information please contact SEE Program Field Operations Officer Jenny Bivens at 734.214.4817.

Ann Arbor, MI

Mechanical Engineering Technician
Quality Control Analyst
Engineer/Scientist/Computer Programmer/
Database Analyst

Level IV

Level IV

Level IV

Duluth, MN

Occupational Safety & Health Technician

Level IV

San Francisco, CA

Toxic Program Officer

Level IV

The following positions are open. For more information please contact SEE Program Field Operations Officer Sarah Branch at 301.578.8889.

New York, NY

Technical Program Assistant

Level IV

Philadelphia, PA

Lead Paint Inspector

Level IV

San Juan, PR

Scientist

Level IV

Training and Conferences

The following Enrollees received training during the last two quarters.

Computer Training for Chromatography Software

August 14-15, 2012

Lester Stafford

Lead Inspector Training - August 15-17, 2012

Risk Assessor Training - August 28-29, 2012

Colleen Nunn

Lead Inspector Training - August 20, 2012

Lead Risk Assessor Training - August 23, 2012

Diana Phelan

Traditional Knowledge/Healthy Ecosystems Summit

August 29-31, 2012

Al LaTourette

Basic Federal Employee/Labor Relations Training

September 11-14, 2012

Deborah Martin

Building Inspector Refresher Course /

Management Planner Refresher - September 13, 2012

Water Supply Symposium - September 19-20, 2012

Robert Williams

Building Inspector Refresher Course /

Management Planner Refresher - September 13, 2012

Asbestos Worker Training - October 1-4, 2012

Laurie Fay

Safety Management/Auditing Course - September 24-28, 2012

Ammonia Operator I Training - November 2-30, 2012

Janis Robinson

Certified Renovator Training Course - October 19, 2012

40-Hour Hazwoper Training - October 23-26, 2012

James Convertine

WA Certified Lead Inspector & Risk Assessor Training

November 6, 2012

Vernon Andrew

MD Reduction of Lead Risk in Housing Act

November 8, 2012

Anthony Rombola

RRP Certified Renovator Training

November 8, 2012

Margaret McCarthy



BUSINESS MATTERS

We Need to Know

Are you using the revised SEE Program forms?

Why does it matter?

The revised forms have a new look and new fields:

- Notice of Personnel Action (NPA)
- Travel Authorization and Travel Expense Report
- First Report of Injury (Workman's Comp)

These are a sampling of the most commonly used forms that have been revised and forwarded to all Enrollees. If you don't have them, check the website at www.seniorserviceamerica.org. If you cannot find the form you need, call your Field Operations Officer and they will get them to you for future use.

Using the Notice of Personnel Action (NPA) Form

Suffice it to say that the majority of our SEE Enrollees have used an NPA form at some point in time. While the majority of the NPAs we receive are filled in correctly, we sometimes receive them without the "date submitted" or the "effective date."

It is crucial that all the pertinent fields are filled in properly and accurately. If you need assistance filling in an NPA, please call the Field Operations Officer, or the Headquarters Office and we will be more than glad to assist you. Please go to our website to download the revised NPA form.

Training and Travel

When you plan to attend a training, conference or class, the NPA is one of the first steps to making it happen. As stated previously, the NPA covers a wide variety of requests.

The NPA always requires the following information:

- Section I: Identification
- Section II: Effective Date
- Section IX: Training Request, Vendor and Fee

You also need to attach an invoice that shows in detail the purpose of the training course or class being taken, date of event, and cost. If you've paid in advance for registration, remember to include the receipt for payment for reimbursement.

Just a reminder: When an Enrollee is assigned a new Monitor, the Enrollee is responsible for generating an NPA to reflect this change. The Headquarters Office needs to be made aware of the Monitor change as soon as possible and the Notice of Personnel Action is the form to use.



Standing Work Stations Allow SEEP Enrollees to Exercise Body and Mind



Standing in the photo, left to right, are Enrollees Chris Maksimuk, Vic Zielinski, and Jim Maley.

At EPA's Region 8 office in Denver, CO, SEEP Enrollees can exercise their body and mind at the same time. Innovative Standing Work Stations have been installed, allowing workers to choose their posture and exercise while tasking work normally performed seated at a desk setup with a computer system. The innovative systems have received a great response. If the work stations receive approval, they may be installed at other EPA locations.

The Monitor's Corner

While EPA values and appreciates the hard work that all SSAI Enrollees contributed to our program, we like to provide a SEE Program Monitor who feels that their Enrollee(s) warrant a little extra recognition.

Monitor: Randy Dominy

Pesticides and Toxic Substances Branch Air, Pesticides and Toxics Management Division Environmental Protection Agency
Atlanta, GA

Enrollee: Ronald Raye

We wanted to recognize the efforts of Ronald Raye, for his contributions to the lead-based paint program this past year. Assigned to EPA's Region 4 office in Atlanta, GA, Ron has been responsible for 44% of the enforcement actions that were completed in this region.

Overall, the program *exceeded* our planned commitment. Ron's efforts were instrumental in this achievement. Ron also assisted us with the training efforts of our newest inspector, Owen Tilley. Ron's contribution to Owen's training was very important, as it allowed Owen to complete his required field training to become certified, and receive his inspection credentials – so that he could perform independent inspections in the field.

Enrollee: Dianna Williams

The Children's Environmental Health (CEH) Workgroup was the winner for the 2012 FEB Outstanding Partnership Award. There were 12 federal participants, as part of this, workgroup that were recognized and received the award. The Federal Executive Board (FEB) Awards are only open to federal employees. SSAI SEE Enrollee, Dianna Williams, is an integral part of this workgroup and many of the accomplishments would not have come about without her work. As the FEB awards are only open to federal employees, Randy wanted SSAI to recognize Dianna as an integral part of this team and acknowledge her for her valuable efforts towards this honor that was bestowed on the federal participants in the group.

“Health Insurance Surprise”

Enrollee premiums for health insurance will continue to be paid by SSAI – with **NO INCREASE** in the \$1,000 deductible!

The SEE Program staff has recently negotiated a new contract, effective **September 1, 2012.**

PLEASE REMEMBER – that the “plan year” for your \$1,000 deductible begins on **September 1st.**

Tests, exams, and/or prescriptions should, accordingly, be scheduled before that date, if your deductible comes into play.

Better Medicare Benefits, Better Health for Seniors

Thanks to the Affordable Care Act

By Joanne Grossi, HHS Regional Director

Guest contributor Joanne Grossi, Regional Director for the U.S. Department of Health and Human Services, writes about improvements to Medicare in the Affordable Care Act.



As of January 2011, thanks to the Affordable Care Act, the vast majority of people with Medicare are seeing important new improvements to their coverage. These improvements are helping make sure that people with Medicare get the very best care when they need it from doctors they choose. Benefits include:

- Medicare will no longer have out-of-pocket costs for the “Welcome to Medicare” physical exam and, for the first time since the Medicare program was created in 1965, Medicare will cover an annual wellness visit with a participating doctor, also at no cost.
- In addition to annual wellness visits, most people with Medicare are able to receive critical preventive services, including flu shots and certain cancer screenings such as mammograms, for free.
- The Affordable Care Act goes a step further for Medicare beneficiaries who fall into the prescription drug coverage gap, or “donut hole,” by providing them with a 50 percent discount on covered brand name medications.
- Every year from 2012 until 2020, the Affordable Care Act will take progressive steps to close the donut hole. Nearly four million Medicare beneficiaries have already received a \$250 rebate check to help with drug costs while in the donut hole.
- The Affordable Care Act also provides qualifying doctors and other health care professionals providing primary care to people on Medicare a 10 percent bonus. This will help ensure that those primary care providers can continue to be there for Medicare patients.

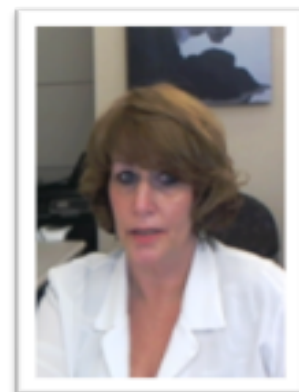
People with Medicare can learn more about the “Welcome to Medicare” physical exam, other new benefits like the annual wellness visit, search for participating doctors in their areas, and find other helpful information by contacting a trained customer service representative toll-free at 1-800-MEDICARE (1-800-633-4223) or visiting www.medicare.gov.

In April 2010, Joanne Grossi was appointed by the Obama Administration as the Regional Director of the U.S. Department of Health and Human Services for Region III, which includes the states of Pennsylvania, Delaware, Maryland, Virginia, West Virginia and the District of Columbia. As Regional Director, Ms. Grossi serves as the key representative in this region in working with federal, state, local and tribal officials on a wide range of health and social services issues. Joanne can be reached at joanne.grossi@hhs.gov or (215) 861-4633.

We would like to officially Welcome our two new Field Operations Officers



Sarah Branch – Sarah is no stranger to SSAI, as she served as a temporary consultant during the summer 2011 and proved herself to be a dedicated and hard worker. She has over 10 year experience in increasingly responsible roles within Human Resources with several companies.



Jenny Bivens – Jenny recently retired from County Government where she served as Manager/Deputy Director of Workforce Programs. She comes to SSAI with decades of experience administering and operating federally-funded Employment and Training Programs.

and SCSEP Participant



Aster Tesfaye – Aster comes from the Jewish Council on Aging, SCSEP Subgrantee Agency, in Montgomery County, Maryland. She is originally from Ethiopia/East Africa. Aster is a pleasant addition to our staff and we look forward to working with Aster during her assignment here at SSAI.

Field Operations Officer Folio

As we are winding down, nearing the end of the calendar year 2012, we are reflecting on our very busy first year in the SSAI Senior Environmental Employment (SEE) Program. We had so much to learn and our chance to get out to the current locations of the SEE Enrollees was one of the most effective ways for us to do this.

During the months of April 2012 through October 2012, members of the SSAI SEE Team hosted or participated in SEE Program Enrollee Recognition Events and Site Visits at a variety of locations.

At the Recognition Events, John Smith, SSAI SEE Director, and the Field Operations Officer assigned to that location presented certificates to each Enrollee. The Recognition ceremonies give us the opportunity to let the Enrollees know how much we appreciate all the hard work they do for the EPA and their communities. We are proud of their accomplishments and their dedication to the EPA, and to the programs that they support. We also got the opportunity to let the Monitors know how much we appreciated them as well. The Monitors also took the opportunity to thank and recognize the support the SEE Enrollees provide. In addition to the event itself, where we held Recognition Events we also held Enrollee Meetings.

During our Site Visits, we had the opportunity to meet with the Enrollees and Monitors. During our Enrollee Meetings we discussed three major items: new forms; upcoming ADP Electronic Timecard System; and several healthy initiatives.

This year, SSAI partnered with Aetna, the SEE Program Health Insurance Provider, who gave a presentation at each Recognition and Site Visit on “Adopting a Healthy Lifestyle.” These presentations were a big hit, receiving outstanding evaluations at each event.

Locations Visited in 2012:

Enrollee Recognition & Meeting

Ann Arbor, MI
Athens, GA
Atlanta, GA
Boston, MA
Chicago, IL
Narragansett, RI
Seattle, WA
Washington, DC

Site Visit and Enrollee Meeting

Denver, CO
Duluth, MN
Edison, NJ
New York, NY
San Francisco, CA

We are so thankful to have met many of you this year at these events and look forward to meeting the rest of you in the years to come!

Jenny Bivens & Sarah Branch
Field Operations Officers

SEE Staff on the Road – Our Journey in 2012



On April 6, 2012, SSAI SEE Program Staff made a visit to SEE Enrollees located at Region 8 in Denver, Colorado, where they met with both Enrollees and Monitors.



On May 1, 2012, SSAI SEE Program Staff co-hosted a SEE Program Enrollee Recognition at the Region 5 Office in Chicago, IL. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.



On May 22, 2012, SSAI SEE Program Staff made a site visit to the Mid-Continent Ecology Division in Duluth, MN. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.



On May 24, 2012, the SSAI SEE Program Staff held a SEE Enrollee Recognition and Health Fair at the National Vehicle Fuel and Emissions Laboratory (NVFEL) in Ann Arbor, MI. Tracey Bradish, NVFEL Chief of Staff, gave remarks including mentions of the significant contributions that the SEEs make. After the Recognition Event, a luncheon was held where a special goodbye was said to the retiring Field Operations Officer, Carolyn Russell. In the afternoon, the Enrollees participated in a health fair that offered activities such as blood pressure checking, glucose screening and chair massages just to name a few.

June 6, 2012, the SSAI SEE Program Staff co-hosted an Enrollee Recognition Event in Athens, Georgia, at the Ecosystem Research Division (ERD). Special remarks were made by Dr. Candida West, Acting Assistant Lab Director. The day included a meeting with SEE Enrollees as well as an outside presentation on *Adopting a Healthy Lifestyle*.



June 7, 2012, the SSAI SEE Program Staff co-hosted an Enrollee Recognition Event in Atlanta, Georgia, for Region 4 SEE Enrollees. The day included a meeting with SEE Enrollees as well as an outside presentation on *Adopting a Healthy Lifestyle*.



On June 14, 2012, the SSAI SEE Program Staff hosted an Enrollee Recognition Event for the OARM SSAI SEE Enrollees working at EPA Headquarters in the Ariel Rios Building in Washington, DC. Susan Street, USEPA SEE Program Manager, and SSAI SEE Director, John Smith, delivered certificates of appreciation to the Enrollees. In addition to the recognition ceremony, a humorous and informative presentation was given on *Adopting a Healthy Lifestyle*.



The SSAI SEE Program Staff journeys took them to Seattle, Washington, on June 20, 2012, for a productive day that was full of activities. The morning involved a meeting with Enrollees followed by lunch. In the afternoon, the Staff co-hosted an Enrollee Recognition Program at the Region 10 office in Seattle, WA, where the EPA Monitors showed their appreciation for the contributions of the Enrollees. The day wrapped up with an inspiring presentation on *Adopting a Healthy Lifestyle*.



A Recognition Luncheon was held for the Washington, DC, Compliance Division (CD) the Office of Inspector General (OIG) SSAI SEE Enrollees on June 26, 2012.



SSAI SEE staff visited Region 2 SEE Enrollees in New York, NY, on July 16, 2012. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.



SSAI SEE Program Staff hosted an Enrollee Recognition Event for Region 1 SEE Enrollees on July 19, 2012, in Boston, MA. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.

SSAI SEE Program Staff recognized the hard work and dedication of our Enrollees at an Enrollee Recognition Event at the Atlantic Ecology Division in Narragansett, RI, on August 1, 2012. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.



SSAI SEE Program Staff visited Region 9 SEE Enrollees in San Francisco, CA, on September 18, 2012. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.



The SSAI SEE Program Staff 2012 travels concluded when a site visit brought the SEE staff to the Region 2 Laboratory in Edison, New Jersey, on October 3, 2012. The day included meetings with Enrollees and Monitors as well as a presentation on *Adopting a Healthy Lifestyle*.

The Different Parts of Medicare

The different parts of Medicare help cover specific services:



Medicare Part A (Hospital Insurance)

- Helps cover inpatient care in hospitals
- Helps cover skilled nursing facility, hospice, and home health care



Medicare Part B (Medical Insurance)

- Helps cover doctors' and other health care providers' services, outpatient care, durable medical equipment, and home health care
- Helps cover some preventive services to help maintain your health and to keep certain illnesses from getting worse



Medicare Part C (also known as Medicare Advantage)

Offers health plan options run by Medicare-approved private insurance companies. Medicare Advantage Plans are a way to get the benefits and services covered under Part A and Part B. Most Medicare Advantage Plans cover Medicare prescription drug coverage (Part D). Some Medicare Advantage Plans may include extra benefits for an extra cost.

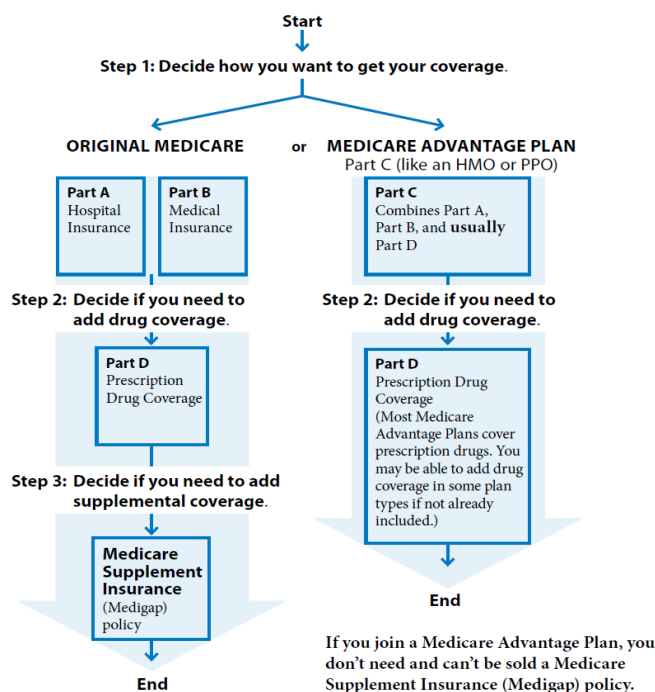


Medicare Part D (Medicare Prescription Drug Coverage)

- Helps cover the cost of prescription drugs
- May help lower your prescription drug costs and help protect against higher costs

Your Medicare Coverage Choices at a Glance

There are two main ways to get your Medicare coverage: Original Medicare or a Medicare Advantage Plan. Use these steps to help you decide which way to get your coverage.



ENROLLMENT WINDOWS AND TIMING

Pay attention to your Medicare enrollment window. If you miss it, you might have to pay a penalty, pay more for coverage or have fewer choices.

	Initial Enrollment— When	Initial Enrollment — How	Late Enrollment	Making Changes
Part A	Anytime from three months before your 65th birthday to three months after the month of your 65th birthday.	Automatic, if you're already receiving Social Security benefits. Otherwise, enroll at your Social Security Office.	There are no penalties for signing up late, unless you pay a monthly premium for Part A.	Renews each year automatically.
Part B	Same as Part A.	Automatic, if you're receiving Social Security benefits when you turn 65 or otherwise become eligible for Medicare. If you're not receiving Social Security benefits, sign up at your Social Security office. You can also refuse coverage at this office.	If you enroll after the initial enrollment period, premiums will be higher unless you qualify for an exception.	Renews each year automatically.
Part C (Medicare Advantage)	Anytime from three months before your 65th birthday to three months after the month of your 65th birthday.	Enroll through a private insurance company.	If you miss the enrollment window, you must wait to join a plan during the Annual Enrollment Period unless you qualify for an exception. The Annual Enrollment Period is October 15 to December 7 every year.	During the Annual Enrollment Period, you can change your plan, including adding or dropping Medicare Part D drug coverage. This is the only time of year you can do this, unless you qualify for an exception.
Medicare Part D (prescription drug coverage)	Anytime from three months before your 65th birthday to three months after the month of your 65th birthday.	Enroll through a private insurance company.	If you miss the enrollment window, you must wait to join a plan during the Annual Enrollment Period unless you qualify for an exception. The Annual Enrollment Period is October 15 to December 7 every year.	During the Annual Enrollment Period, you can add, drop or change your Part D coverage. This is the only time of year you can do this, unless you qualify for an exception.
Medicare Supplement Insurance	When you turn 65 and enroll in Medicare Part B, you have a guaranteed right to buy a Medicare Supplement policy for six months.	You buy Medicare Supplement Insurance through a private insurance company.	If you miss the enrollment window you can apply at any time. But you may pay a higher rate or be rejected if you have a history of health problems.	You can add or drop at any time. If you change policies, it's best to wait until the new policy is effective before dropping the old policy.

Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetnaSM

Real solutions for real life



2013 Promotional calendar Aetna Resources For LivingSM

1st Quarter: Quality time

January — Personal growth

- Featured Webinar- Understanding and overcoming your fear of failure
- Monthly Awareness- Financial wellness

February — Workplace fulfillment

- Featured Webinar- Rolling with the punches at work: Adapting to change
- Monthly Awareness- National Heart and Stroke Month

March — Celebrating life

- Featured Webinar- Stop to smell the roses: Finding joy in life
- Monthly Awareness- Nutrition

2nd Quarter: Healthy living

April — Healthy habits

- Featured Webinar- Good humor = Good health and more
- Monthly Awareness- Autism

May — Keeping positive company

- Featured Webinar- The company you keep: The impact of your “inner circle”
- Monthly Awareness- Elder/ Senior care

June — Taking special care of you

- Featured Webinar- Learning how to say “no”: An important life skill
- Monthly Awareness- Home safety

3rd Quarter: Everyday well-being

July — Strengthening relationships

- Featured Webinar- Navigating the ups and downs of marriage and partnerships
- Monthly Awareness- UV safety

August — Managing everyday life

- Featured Webinar- Change: How to adapt, cope and respond
- Monthly Awareness- Immunization

September — Finding peace

- Featured Webinar- Intuition: Hearing and trusting your inner voice
- Monthly Awareness- Alcohol and drug addiction

4th Quarter: Wise choices

October — Worklife balance

- Featured Webinar- All work and no play: Avoiding burnout
- Monthly Awareness- Breast cancer

November — Goals and dreams

- Featured Webinar- Getting unstuck: Breaking old habits
- Monthly Awareness- Family caregivers

December — Decisions, decisions, decisions

- Featured Webinar- Yes or no? Secrets of sound decision-making
- Monthly Awareness- Safe toys and gifts

Aetna Resources for LivingSM is the brand name used for products and services offered through the Aetna group of subsidiary companies. The EAP is administered by Aetna Behavioral Health, LLC, Aetna Health of California, Inc. and Health and Human Resources Company, Inc.

Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

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SENIOR SERVICE AMERICA, INC.
SEE PROGRAM ENROLLEES
PAYROLL SCHEDULE FOR THE YEAR 2013
12/28/12PR - 12/13/13PR

Pay #	Pay Period Ending		Time Sheet Due Date		Pay Date		Pay Dates Remaining in 2013	Payroll Deduction for Dental Coverage
1	12/28/12	Friday	12/28/12	Friday	01/08/13	Tuesday	25	
2	01/11/13	Friday	01/14/13	Monday	01/22/13	Tuesday	24	D
3	01/25/13	Friday	01/28/13	Monday	02/05/13	Tuesday	23	
4	02/08/13	Friday	02/11/13	Monday	02/19/13	Tuesday	22	D
5	02/22/13	Friday	02/25/13	Monday	03/05/13	Tuesday	21	
6	03/08/13	Friday	03/11/13	Monday	03/19/13	Tuesday	20	D
7	03/22/13	Friday	03/25/13	Monday	04/02/13	Tuesday	19	
8	04/05/13	Friday	04/08/13	Monday	04/16/13	Tuesday	18	D
9	04/19/13	Friday	04/22/13	Monday	04/30/13	Tuesday	17	
10	05/03/13	Friday	05/06/13	Monday	05/14/13	Tuesday	16	
11	05/17/13	Friday	05/20/13	Monday	05/28/13	Tuesday	15	D
12	05/31/13	Friday	06/03/13	Monday	06/11/13	Tuesday	14	
13	06/14/13	Friday	06/17/13	Monday	06/25/13	Tuesday	13	D
14	06/28/13	Friday	07/01/13	Monday	07/09/13	Tuesday	12	
15	07/12/13	Friday	07/15/13	Monday	07/23/13	Tuesday	11	D
16	07/26/13	Friday	07/29/13	Monday	08/06/13	Tuesday	10	
17	08/09/13	Friday	08/12/13	Monday	08/20/13	Tuesday	9	D
18	08/23/13	Friday	08/26/13	Monday	09/03/13	Tuesday	8	
19	09/06/13	Friday	09/09/13	Monday	09/17/13	Tuesday	7	D
20	09/20/13	Friday	09/23/13	Monday	10/01/13	Tuesday	6	
21	10/04/13	Friday	10/07/13	Monday	10/15/13	Tuesday	5	D
22	10/18/13	Friday	10/21/13	Monday	10/29/13	Tuesday	4	
23	11/01/13	Friday	11/04/13	Monday	11/12/13	Tuesday	3	
24	11/15/13	Friday	11/18/13	Monday	11/26/13	Tuesday	2	D
25	11/29/13	Friday	12/02/13	Monday	12/10/13	Tuesday	1	
26	12/13/13	Friday	12/16/13	Monday	12/24/13	Tuesday	-	D
	12/27/13	Friday	12/27/13	Friday	01/08/14	Tuesday		

Contact Us

For Information or Questions about Medical or Dental Insurance:

Contact: Valerie Custis
Email: vcustis@ssa-i.org
Phone: 301-578-8910

For Information or Questions about Travel and Training Authorizations and Expenditures:

Contact: Valerie Custis
Email: vcustis@ssa-i.org
Phone: 301-578-8910

For Information or Questions about Enrollee Renewals and Agreements:

Contact: Anita Comer
Email: acomer@ssa-i.org
Phone: 301-578-8818

For all other matters contact your SEE Program Field Operations Officer:

Serving: Alaska, California, Illinois, Michigan, Minnesota, Washington	Serving: Colorado, Georgia, Kansas, Massachusetts, New Jersey, New York, Pennsylvania, Puerto Rico, Rhode Island, Texas, Washington, DC
Field Operations Officer: Jenny Bivens	Field Operations Officer: Sarah Branch
Email: jbivens@ssa-i.org	Email: sbranch@ssa-i.org
Phone: 734-481-2417	Phone: 301-578-8889

For Information or Questions about Payroll:

Contact: Ana Ludwig
Email: aludwig@ssa-i.org
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The SEE Program Team

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If you have time-sensitive questions, please feel free to contact our main #: 301-578-8900.

“The use of sea and air is common to all; neither can a title to the ocean belong to any people or private persons, forasmuch as neither nature nor public use and custom permit any possession therof.”

—Elizabeth I of England (1533-1603)



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